



Register for FRS Online Today!

- Did you know that as a Florida Retirement System (FRS) Pension Plan member, you are eligible to register for an FRS Online account?
- FRS Online is the fastest, easiest, and most secure way to get current information about your FRS Pension Plan benefit.

First-Time Users

To register a new FRS Online account, visit FRS.FL.gov and click the "Register Here" button or the "Create Account" link.

You will need to provide certain security information to verify your identity, such as:

- A valid, reliable, personal phone number capable of receiving text messages.
- An email address.

After an FRS employer reports a member, that member can create an account.

Returning Users

- Login to FRS Online with your username and password.
- You can recover your username and set a new password by clicking the "Forgot Login" link.
- Contact the Division of Retirement for assistance with your FRS Online account.



Division of Retirement Toll Free: 844-377-1888
P.O. Box 9000 Local: 850-907-6500
Tallahassee, FL Fax: 850-410-2010



Why Use FRS Online?

Whether you are planning for retirement or are already receiving a monthly benefit, FRS Online has you covered with important resources for managing your benefit.

Before You Retire

- View your annual statements.
- View a current estimate or create your own.
- Update your beneficiary designation.
- Upload documents.

Ready To Retire or Join the DROP

- Eligible members may apply for Service Retirement or the DROP through their FRS Online account and upload all relevant documents required for the application process.

After You Retire

- View your monthly benefit amount.
- View your IRS form 1099-R tax document.
- Update your direct deposit.
- Update your contact information.

Scan the QR codes below to view Retirement Guides



*Member
Handbook*



*Ready Set
Retire*



*DROP
Guide*